

## **CBD Study Gives Hope to Epilepsy Sufferers**

Best CBD deals in cannabidiol (CBD) products because we believe in their ability to help improve health and wellness. So it should be no surprise that we were pleased to learn of the results of a recently released study looking into the efficacy of CBD oil to treat sufferers of one of the most severe forms of epilepsy. The study is giving hope to those who live daily with the consequences of Lennox-Gastaut syndrome (LGS).

LGS is a severe form of epilepsy that begins manifesting itself in frequent seizures as early as three years of age. The syndrome causes different kinds of seizures of varying severity along with some measure of intellectual disability. It is a condition that can make life for both the sufferer and his or her family quite unpleasant.

Researchers in the US, Poland, and the Netherlands conducted a placebo-controlled clinical trial across 24 separate sites with patients ranging in age between 2- and 55-years-old. The intent of the study was to look at the efficacy and safety of cannabidiol for reducing the frequency and severity of seizures, in concert with other medications. The results of the study were published in *The Lancet* in January.

### **What the Study Revealed**

Researchers studied 171 patients known to have at least two atonic seizures per week. None of the selected participants had responded well to treatments involving at least two standard epilepsy drugs. The control group was given placebos while the test group was given cannabidiol oil supplements.

Data shows that the number of monthly atonic seizures experienced by the test group fell approximately 44%. By contrast, members of the control group experienced a reduction in atonic seizures at a rate closer to 22%. Both groups exhibited only mild or moderate side effects.

Researchers concluded that CBD can be effective in reducing atonic seizures in people suffering from LGS. They were unable to comment on any potential long-term side effects of CBD use, though studies to that effect are currently being done.

### **A Natural Compound with A Lot of Potential**

It must be stated that this study in no way indicates that even the best CBD in the world will help every person suffering from epilepsy. There is no such 'wonder drug' for any medical condition, let alone something as debilitating as LGS. But for those who respond well to CBD, it can make a real difference.

CBD is a natural compound with a lot of potential. We are just beginning to understand what that potential actually is. That is what makes studies like the LGS study so important.

Also note that you don't have to suffer from a debilitating disease to benefit from CBD. Studies have shown that CBD is helpful for reducing anxiety, relieving pain, improving immunological response, relieving muscle spasms, and more.

## **Do Your Own Research**

We encourage you to research CBD for yourself. The compound and its benefits for health and wellness have been well known for some time now, but not until recently has CBD received the press coverage that has made it such a hot consumer product. Simply put, the information is out there to be gleaned. So educate yourself, then choose a CBD product you believe is right for you.

If you are looking for the best CBD in London, we have it. Best CBD specialises in only the highest quality CBD products money can buy. Please feel free to browse our website to learn more about this amazing compound and what it can do for you. If you are ready, you can order directly from our website.

Sources:

The Lancet – [http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(18\)30136-3/abstract](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)30136-3/abstract)